

# Sedona Community Pool

570 Posse Ground Road, Sedona AZ 86336  
(928) 282-0112

## Fall Schedule

**August 3-November 8, 2014** (Closed for High School Swim Team 24 Hour Relay September 20)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	<b>Admission Fees</b>	
6:00 AM-7:00 AM	Swordfish Masters Swim	Swordfish Masters Swim	Swordfish Masters Swim	Swordfish Masters Swim	Swordfish Masters Swim	Sedona High School Swim Team 7:00-9:00 AM	Swordfish Masters Swim 8:00-9:00 AM	<b>Free:</b> 0-2 years old. <b>\$2:</b> children 3-17, seniors 55+. <b>\$45:</b> 30- visit punch pass. <b>\$3:</b> adults 18-54. <b>\$75:</b> 30- visit punch pass. <i>Punch passes expire in the calendar year purchased.</i> <b>\$5:</b> Water Aerobics, <b>\$40:</b> 10-visit punch pass, <b>\$80:</b> 20- visit punch pass. <b>\$30:</b> One private half hour swim lesson.	
9:00 AM-2:00 PM	Water Aerobics 9:00-10:00 AM & Lap Swim 9:00 AM-2:00 PM	Aqua Zumba Water Aerobics 9:00-10:00 AM & Lap Swim 9:00 AM-2:00 PM	Water Aerobics 9:00-10:00 AM & Lap Swim 9:00 AM-2:00 PM	Aqua Zumba Water Aerobics 9:00-10:00 AM & Lap Swim 9:00 AM-2:00 PM	Closed	Open Swim 9:00 AM-4:00 PM	Open Swim 9:00 AM-4:00 PM	<b>Water Aerobics</b> Instructor run, low impact, cardiovascular exercise. Shallow & deep water classes available depending on day. <b>Lap Swim</b> Adult lap swim. All eight lanes available unless held consecutively with aerobics in which case, only four lanes available. <b>Open Swim</b> All ages, recreation swim and lap swimming combined. There will be limited lap lanes available as well as a swim area for children to play in. <b>Swordfish Swim Team</b> The pool is closed to the public during swim team practices. <a href="http://www.sedonaswimteam.org">www.sedonaswimteam.org</a> <b>High School Swim Team</b> The pool is closed to the public during swim team practices.	
3:30 PM-5:30 PM	Swordfish Swim Team	Swordfish Swim Team 4:00-5:30 PM	Swordfish Swim Team	Swordfish Swim Team 4:00-5:30 PM	Swordfish Swim Team			Closed	Closed
4:30 PM-6:30 PM	Sedona High School Swim Team	Sedona High School Swim Team	Sedona High School Swim Team	Sedona High School Swim Team	Sedona High School Swim Team	Closed	Closed		
6:30 PM-7:30 PM	Swordfish Masters Swim	Swordfish Masters Swim	Swordfish Masters Swim	Swordfish Masters Swim	Swordfish Masters Swim				